23rd March 2015

Dear Parent

**Re: Year 5 Sex and Relationships Programme starting Summer Term 2015**

As part of the school’s Personal, Social and Health Education (PSHE), your child will be receiving sex and relationship education (SRE) lessons during the summer term.

There is a vast amount of, and sometimes confusing, information about relationships and sex on the internet, on TV, in magazines, etc… which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated.

If students are provided with timely and age appropriate information about their bodies and relationships, they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them, and hopefully grow into confident and healthy adults able to make positive choices.

In science we will be learning:

* About sexual reproduction in animals.
* To explain the differences in the life cycles of a mammal.
* To use anatomically accurate language to describe body parts.
* To be able to describe the changes as humans develop from birth to old age.
* To work scientifically by comparing data about the gestation periods of humans and other
animals or by finding out and recording the length and mass of a baby as it grows.

In PSHE we will be learning:

* The different stages in the growth and development of humans.
* About the changes and experienced in puberty.

The sessions in school may reinforce what you are already doing at home. We are committed to working in partnership with parents and we are happy to discuss any concerns you may have regarding the lessons.

Yours sincerely

Mrs S Renwick Mrs E Rowland

Deputy Headteacher Class Teacher